



**Department of Education  
PHYSICAL EXAM FORM  
ELEMENTARY**



School: \_\_\_\_\_

<b>Student:</b>		<b>DOB:</b>	
Male	Female	Grade:	HR:
Home Address:			
<b>Father/Guardian:</b>		<b>Mother/Guardian:</b>	
Place of work:		Place of work:	
Phone: Home:	Work:	Phone: Home:	Work:
Cell:		Cell:	
Email:		Email:	

**PART I:  
IMMUNIZATION AND TB STATUS**

A copy of the **Official Immunization Record** must be attached. Record must indicate the specific immunizations and results of a **TB Skin Test** and date on which they were received. Please refer to **Board Policy 337** or SOP 1200-020.

**THIS PORTION TO BE COMPLETED BY PARENTS** (before appointment)

**HEALTH HISTORY** (Please indicate age and/or year on past and current medical conditions):

1.	Anemia		9.	Heart Disease	
2.	Asthma		10.	Hernia	
3.	Chickenpox		11.	Mumps	
4.	Convulsions/Seizure		12.	Rheumatic Fever	
5.	Diabetes		13.	Skin Disorder	
6.	Measles		14.	Tuberculosis	
7.	Hay Fever		15.	Vision	
8.	Hearing		16.	Other	

**Please complete and provide additional information at the back:**

17.	Head Injuries:	Yes	No	Year:	Results:
18.	Previous hospitalization:	Yes	No	Year:	Results:
19.	Allergies: Yes No (please list) : Any specific reaction(s):				
20.	Currently taking medication: Yes No				
	Name of medication(s):				
	Reason/Diagnosis:				
21.	Special medical needs:	Yes	No (specify):		
22.	Disability:	Yes	No (specify):		
23.	Prosthesis:	Yes	No (specify):		
24.	Glasses:	Yes	No (specify):		
25.	Hearing Aid:	Yes	No (specify):		
26.	Has the student ever stopped exercising because of dizziness or passing out during exercise? Yes No				
27.	Does the student have asthma (wheezing), hay fever or coughing spells after exercise? Yes No				
28.	Has the student ever had a broken bone, had to wear a cast, or had an injury to any joint? Yes No				
29.	Does the student have a history of concussion (getting knocked out)? Yes No				

30.	Has the student ever suffered a heat-related illness (heat stroke)? Yes No
31.	Does the student have a chronic illness or see a doctor regularly for any particular problem? Yes No
32.	Any medical reason why this child should NOT participate in Physical Education or related activities? Yes No
Please give details on any “Yes” answer(s) from the above health history.	

**NOTE:** It is important to notify the School Health Counselor or School Administrator of any changes in the health status of this student.

\_\_\_\_\_  
**Parent/Guardian Print & Signature**

\_\_\_\_\_  
**Date**



**PART II:**

**PHYSICAL EXAMINATION (TO BE COMPLETED BY HEALTH CARE PRACTITIONER):**

T-P-R-BP: \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_

Height: \_\_\_\_\_ Vision: Right 20/\_\_\_\_\_ Corrected: Yes No Hearing: Right \_\_\_\_\_

Weight: \_\_\_\_\_ BMI: \_\_\_\_\_ Left 20/\_\_\_\_\_ Contacts: Yes No Left \_\_\_\_\_

Complete Each Item Below	Normal		Describe Findings if Abnormal or Reason for not Examining
	Yes	No	
General appearance			
Skin			
Hair			
Nails			
Eyes: External (Pupil/Cornea)			
Optic Fundus			
Auditory Acuity			
Muscle Balance			
Ears: External			
Auditory Acuity			
Tympanic Membrane			
Nose			
Mouth			
Pharynx			
Larynx			
Speech			
Teeth/Gums			
Neck/Lymph/larynx			
Cardiovascular			
Respiratory			
Gastro Intestinal			
Genital-Urinary			
Muscular Skeletal			
Scoliosis Screening			
Neurological Impressions			
Nutritional Status			
Behavior during Examination			
Other			

**PART III: LABORATORY TESTING (If Required)**

Hemoglobin: \_\_\_\_\_ Date: \_\_\_\_\_ Hematocrit: \_\_\_\_\_ Date: \_\_\_\_\_  
 Other Test: \_\_\_\_\_ Result: \_\_\_\_\_ Date: \_\_\_\_\_

This child is physically fit to participate in physical education and/or athletic events and related activities.  
 Yes No

Diagnosis/Findings	Treatment	Follow up plan

\_\_\_\_\_  
 Name of Health Care Provider (Print) Signature Date

\_\_\_\_\_  
 Clinic Name & Phone Number